



Year 8

Name: _____

Form: _____ House: _____

 **HOWELL'S SENIOR SCHOOL**
Llandaff

GDST

GIRLS' DAY SCHOOL TRUST

Checklist

Use the checklist below to see what you will need to complete to achieve your Howell's Award.

Year 8			
Award	Requirements for each section	Completed?	
Year 8 Howell's Award	Service	8+ entries per year	<input type="checkbox"/>
	Reading	4+ entries per year	<input type="checkbox"/>
	Extra-curricular	5+ clubs per year (regular attendance)	<input type="checkbox"/>
	House Involvement	5+ events per year	<input type="checkbox"/>
	Getting to Know Myself	Must be completed	<input type="checkbox"/>

Tips

- You achieve your award by meeting **all of the requirements for the award** satisfactorily. To do this, you **must obtain a signature** from the teacher involved in **each activity or event** to confirm your attendance.
- **Use the checklist** to keep a record of your progress: award booklets will be collected once each term and the awards given out in assembly.
- **Don't forget** to add any roles of responsibility you have, e.g. Form Prefect – every little counts!
- If you successfully complete your Year 8 Howell's Award, you will be eligible to undertake your residential experience during the Summer Term. Your booklet contains a page for you to write about this experience.
- Remember to ask for extra pages if you run out of space!

What is the Howell's Award all about?

The Howell's Award programme provides an opportunity for you to create an individual showcase of just how much you've achieved. You achieve your Award by completing a personal programme of activities in several sections – Service, Reading, Extra-curricular involvement, House involvement, Getting to know myself and Residential. You'll find yourself helping people or the school community, getting fitter, developing skills, going on an expedition or taking part in a residential activity.

The best bit is – you get to choose what you do!

Your programme can be full of activities and projects that get you buzzing, and along the way you'll pick up experiences, friends and talents that will stay with you for the rest of your life.

If you need any further information, talk to Miss Scudder.

Why do your Howell's Award?

Good question! Every section gives you something different – that's the fun of it! You'll enjoy lots of new experiences, discover talents you never thought you had, challenge yourself and get to know other students well. Plus you'll do things you love and enjoy. Then there's all the other stuff...

...achieving an Award will give you skills, confidence and a view on life that everyone is looking for, from employers to colleges and universities.

...you're getting recognised for doing things you want to do (and may even be doing already).

...you'll make a difference to other people's lives and the school community, be fitter and healthier, make new friends and have memories to last you a lifetime. It will make your time in school even more enjoyable – the question should really be why not!

Completing your Achievement booklet

This Achievement booklet is the way to record your achievements and create a lasting memory of your Howell's Award experience. It is your opportunity to collate all your achievements by noting all your evidence into the Achievement booklet. It gives you the chance to create an individual showcase of just how much you've achieved.

Your Achievement booklet is a great tool to show potential future employers as well as having on the coffee table at home to show off to family and friends.

Extra-curricular Activities

This is the place to keep a log of any Extra-curricular Activities you have taken part in.

Term	Extra-curricular Activities	Signature of teacher
Autumn		
Spring		
Summer		

House Involvement

This is the place to keep a log of any House competitions you have been involved in. Please fill in brief details of what you did.

Term	House Involvement	Signature of teacher
Autumn		
Spring		
Summer		

Getting to know myself

In this section you will take part in PSHE or Careers activities and make a record of what you have learnt about yourself. For instance Year 7 will do *Buzz your Brain* (learning styles) and Year 8 *Take Your Daughter to Work Day*.

Use this page to record these activities and say what you learnt from them.

What activity did you take part in and what did you do ?	What have you learnt about yourself from taking part in this activity ?

Teacher signature _____

Residential Experience

We hope that you will be able to come away with your year group and take part in some team-building activities. Please use this page to write a short piece, as if for a magazine, about what you did.

A writing area for a short piece, as if for a magazine, about what you did. The area contains 20 horizontal lines for text.



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